SYLLABUS FOR THE POST OF SEWING TEACHERS

1. Tools & Equipment
   Measuring Tools - Marking Tools - Cutting Tools - General Tools

2. Sewing Machine & Maintenance
   Parts of sewing - care and maintenance of sewing machine - minor defects and their rectification.

3. Different types of Hand Stitches
   Temporary Stitches - Permanent Stitches

4. Sewing Technique for Garment Construction
   Seams - Seam Finishes - Plackets - Collars - Sleeves - Fasteners - Trimmings and Decoration

5. Taking body measurements

6. Pattern making
   Making Pattern for measurements - Preparation of paper Pattern

7. Layout- Principles of Layout
   Types of lay outs - Estimation of material requirements.

8. Garment Construction
   The method of cutting - stitching and finishing the following garments - Zabla - Chemise - Circular flock - panel petticoat - Ladies kurtha - Survar - School Uniform - Pyjama - Kalidhar kurtha - Bermudas.

EMBROIDERY

1. Tools and Equipments used for Embroidery
   Embroidery frame - Crewel needle - bent scissors- stilletos - Thread holder - Carbonpaper- ruler - Tracing paper - measuring tape - thimble - Selection of material and thread.

2. Design
   Elements of design - principles of design - Transferring designs - different methods - Enlarging and reducing of design.

3. Embroidery Stitches

4. Types of Embroidery
   Tambour- Eyelet hole- shadow work- monograms - Aari work and Zardhoshi work - Applique - Hem applique- motif applique

5. Care of embroidery articles.

   HAND LOOM WEAVING

1. Calculation

2. Fabric structure
   Use of point paper -construction of standard weaves like plain weave and its derivatives- Twill weave and its derivatives- Honey comb weave and huck-a-back. Extra warp and extra weft ornamentation.

3. Pile Fabrics
   Warp pile and weft pile.

4. Handloom weaving
   Mechanism of plain weave - dobbies and jacquard loom.

5. Dyeing and printing

6. Finishing of fabrics
   Method of doing Mercerization & calendering.

7. Psychology
   Principles and elements of design - Psychology of colour and dress.